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Increased frequency of Eurasian double jets linked to summer heat extremes in Europe

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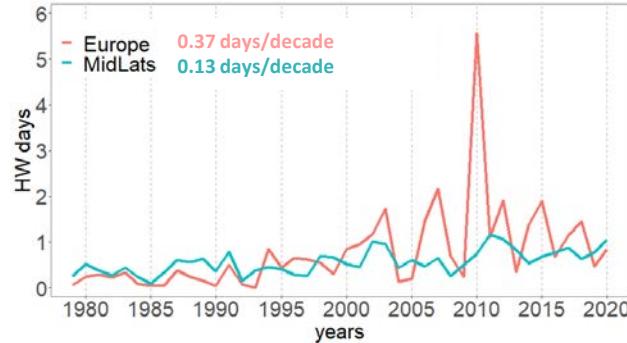
Introduction - Motivation

- In recent decades Europe has faced an increase in **devastating heatwaves**, which is **faster than in the rest of the midlatitudes**. Why is that?
- Thermodynamic factors are important, but what is the contribution of **large-scale atmosphere dynamics** in summer?

- Our **hypothesis** is that **high latitude warming** and **decreased westerlies** in summer result in **more double jets** over Eurasia and this could partly explain the increase in European heat extremes.
- Our **approach**: we are adapting a **dynamical perspective** of those trends by looking at large scale circulation and changes in the zonal mean zonal wind in the upper atmosphere.

Research questions:

- Is there an increase of **double jet** states in summer?
- Are those states linked **to more heat extremes** in Europe?



Rousi et al. (in preparation)

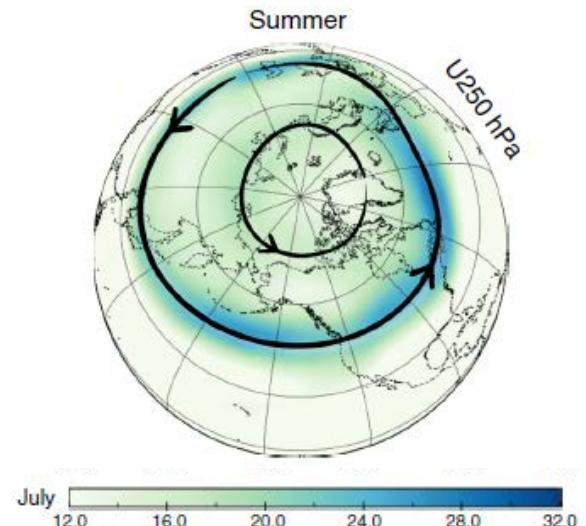


Figure 2b from Coumou et al. NatCom 2018

Data - Reanalysis

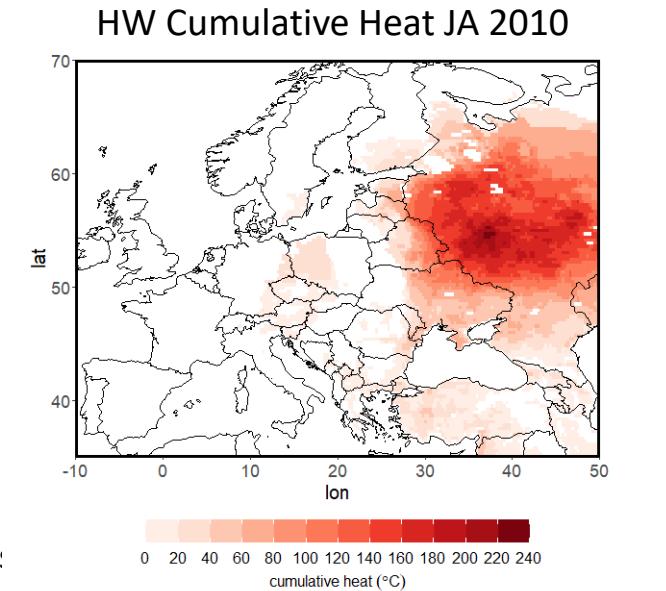
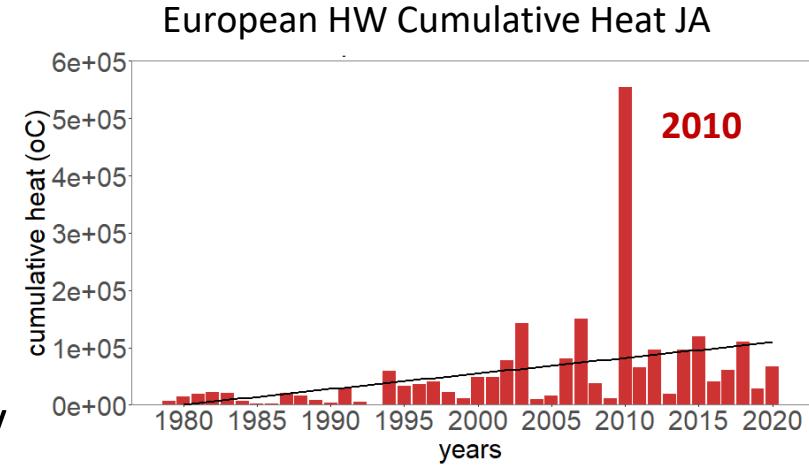
- Era5 (daily) for July and August 1979-2020 (Hersbach et al. Q. J. R. Meteorol. Soc. 2020):
 - ✓ Heatwave metrics with the use of Tmax (2m)
 - ✓ surface temperature at 2m (T)
 - ✓ zonal (over Eurasia: 25W-180E) mean u wind at different pressure levels (800hPa – 100hPa)

Method: Heatwaves

- Many different heatwave definitions exist depending on the region, the season, the scope of the study, etc.
- Here, a heatwave is defined by:
 - **Temperature threshold:** daily Tmax > 90th percentile based on 15-day window (Vogel et al. 2020)
 - **Temporal extension:** ≥ 6 consecutive days (Fischer & Schär 2010)
 - **Spatial extension:** ≥ 40.000km² within a 3.75° x 3.75° sliding window (Stefanon et al. 2012)
- **Cumulative heat:** integration of heat exceedance over the threshold for each heatwave event and for its whole spatial extent (Perkins-Kirkpatrick & Lewis 2020):

$$\text{cumulative heat} = \sum_1^{gp} \sum_1^d (T_{max} - T_{max_{90th}})$$

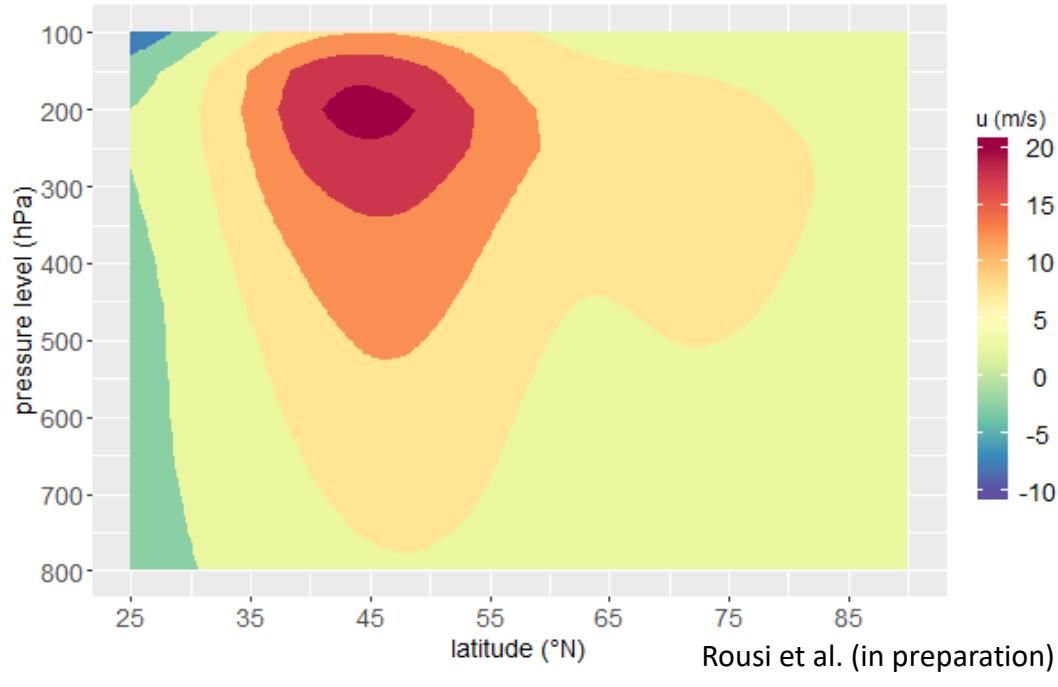
where
d = days
gp = grid point



Rousi et al. (in preparation)

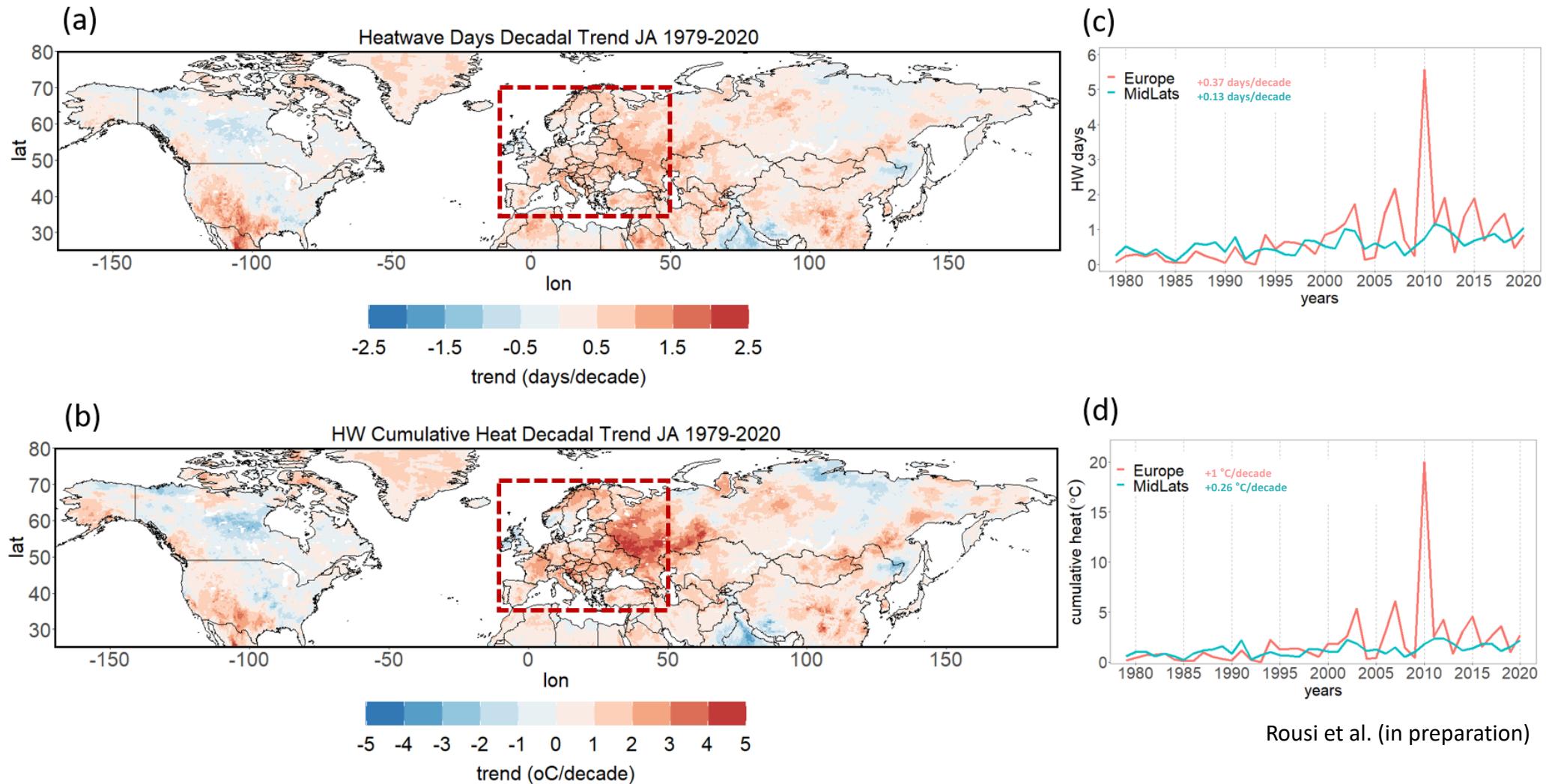
Method: Double jets

- Self-Organizing Maps (SOMs; Kohonen 2001; Rousi et al. 2015; 2020) to identify summer double jet regimes (Sasi - Master Thesis, 2020).
- Applied on vertical pressure levels of the zonal (over Eurasia) mean u wind.

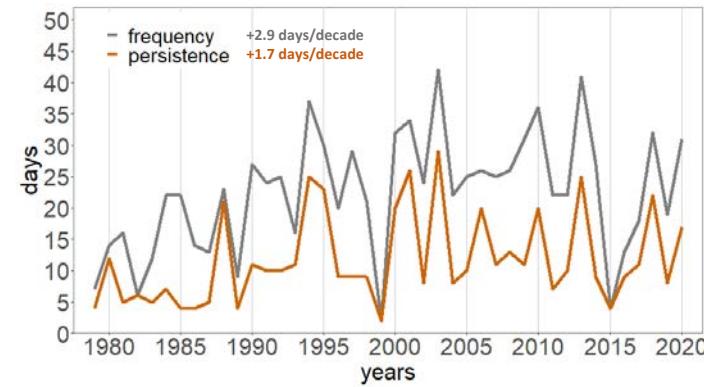
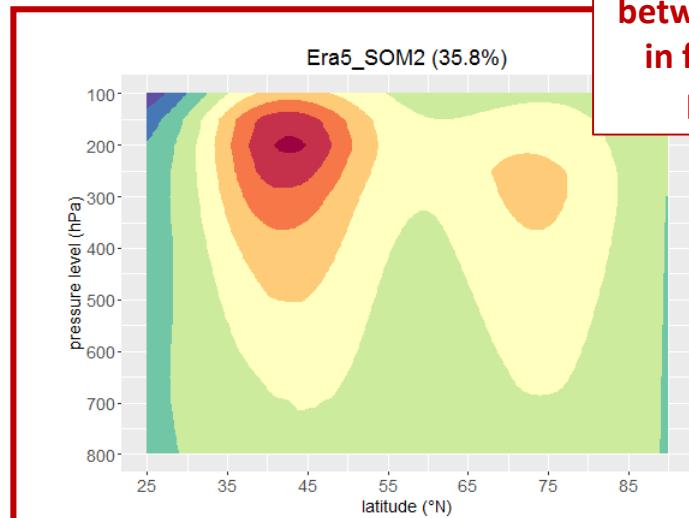
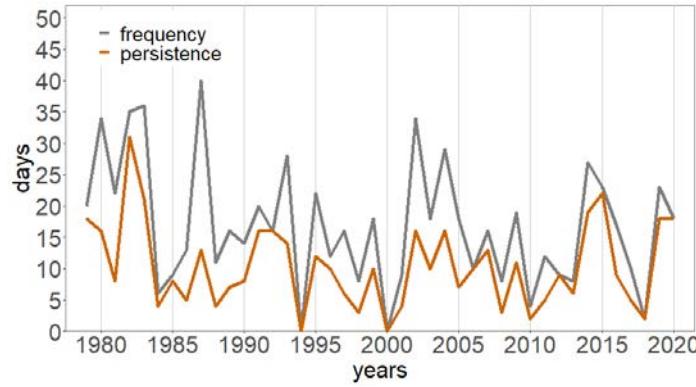
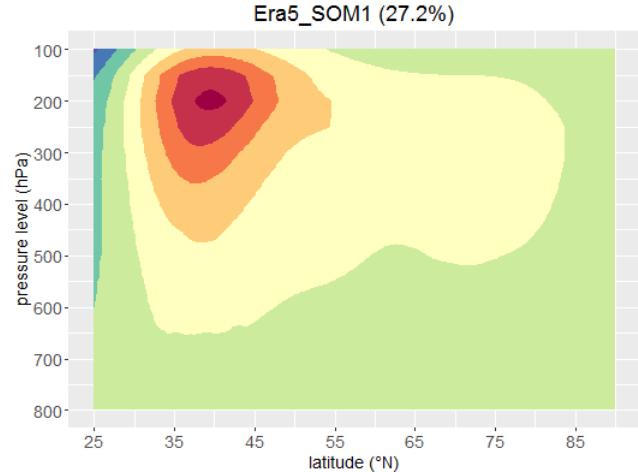


Climatology (JA 1979-2020) of zonal u wind at different pressure levels

Results: Heatwave trends

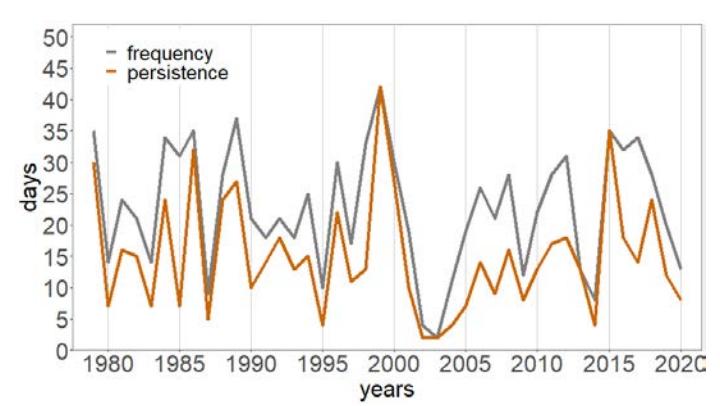
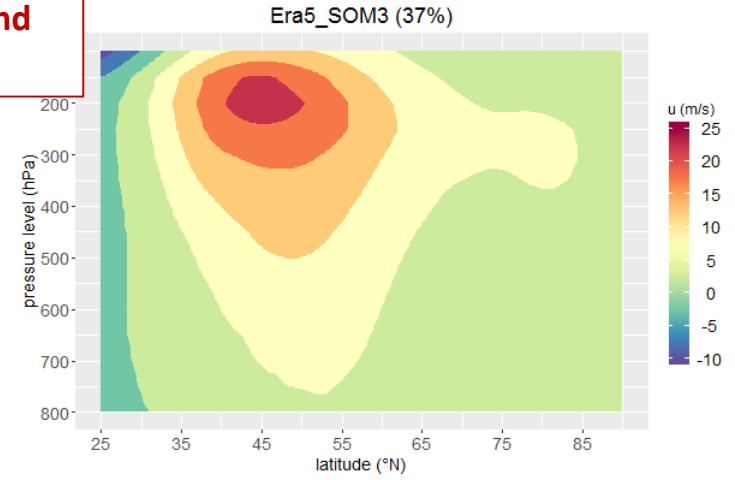


Results: SOMs of jet stream states



Double Jets (= two wind maxima and a minimum in between) increasing in frequency and persistence

Single jet



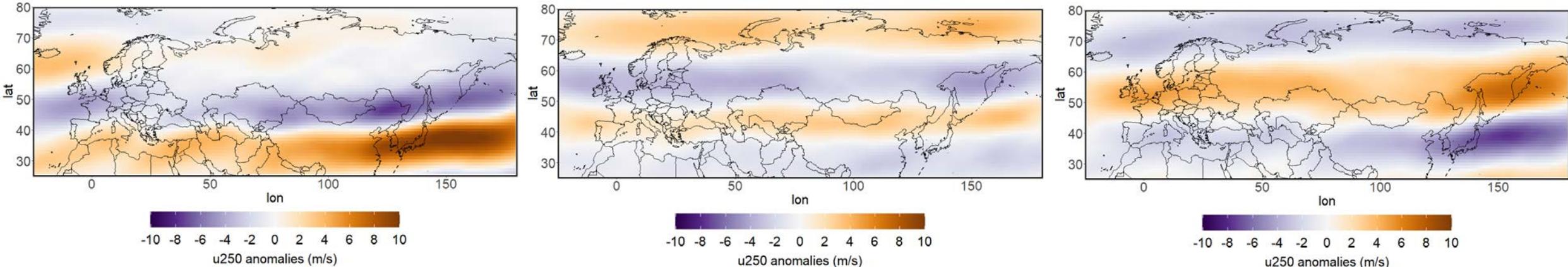
Rousi et al. (in preparation)

Results: composites for SOM jet states

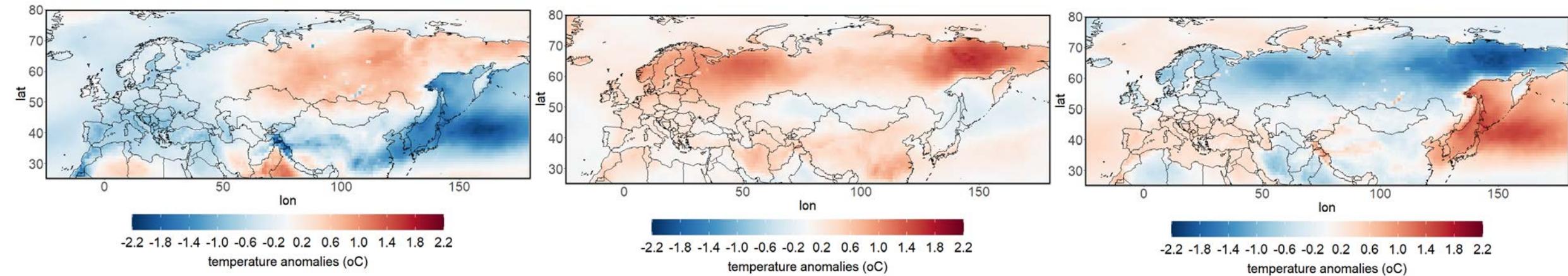
u250

Double Jets linked to weaker winds over north-central Europe and to higher temperatures

Single jet



Temperature

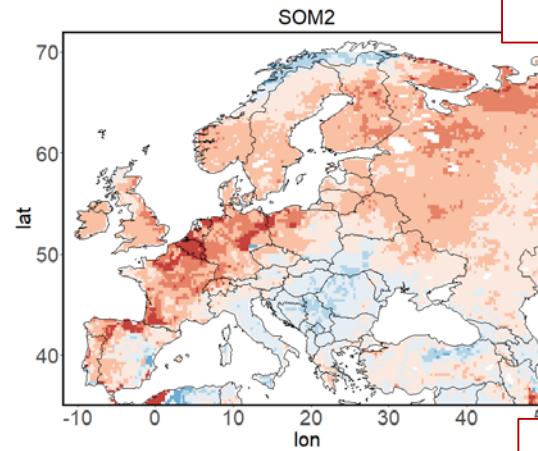
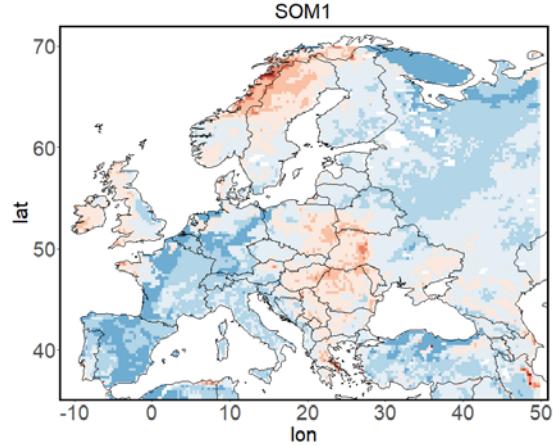


Rousi et al. (in preparation)

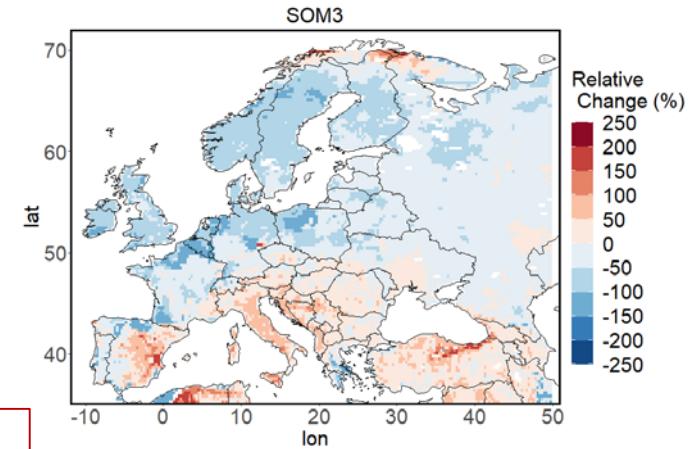


Results: Heatwaves and SOM jet states

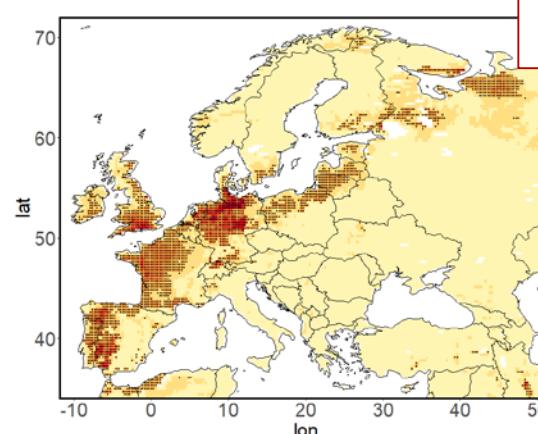
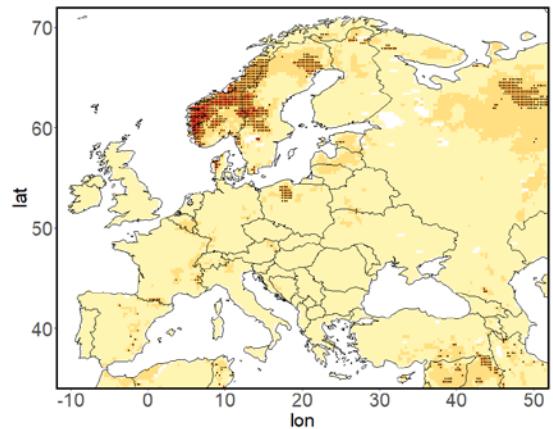
HW days: relative change compared to climatology



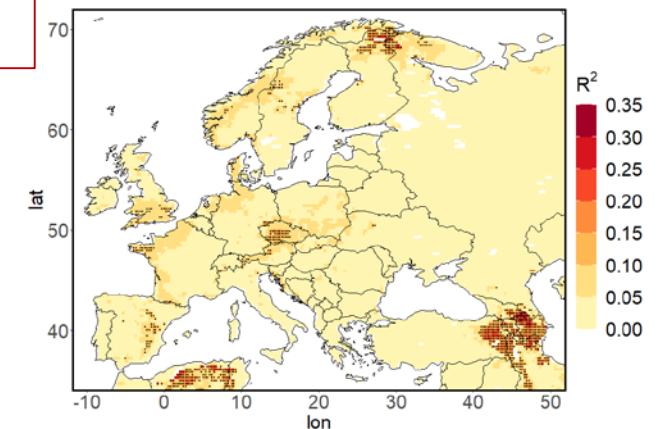
Double Jets
linked to more
HW days



HW days: linear regression on SOMs persistence



DJ variability explains
large part of HW
variability over W.
Europe

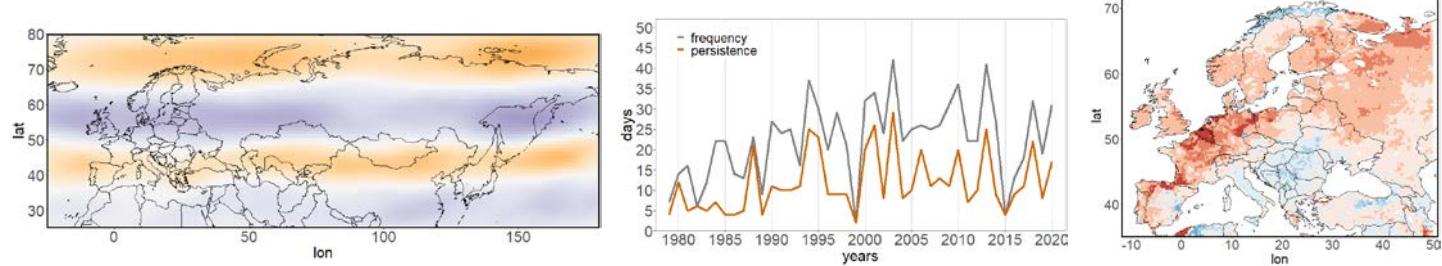


Rousi et al. (in preparation)

Conclusions

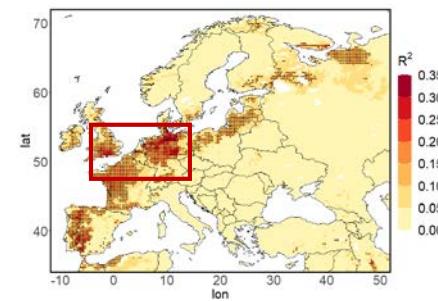
Summer (JA) double jets:

- increase in frequency and persistence
- are linked to increased temperature and heatwaves over western, central and northern Europe
- are found as dominant states before and during intense heatwaves



Summer double jet frequency and persistence:

- explain up to 35% of HW variability over Western Europe
- their increase may explain up to 50% (17%) of the HW increase in W. Europe (Europe)



→ Changes in the jet stream seem to be important for variability and trend of HWs over W. Europe

Ways forward:

- What do climate models show?
- What causes the increase in summer double jets?

Thank you for your interest!

References

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