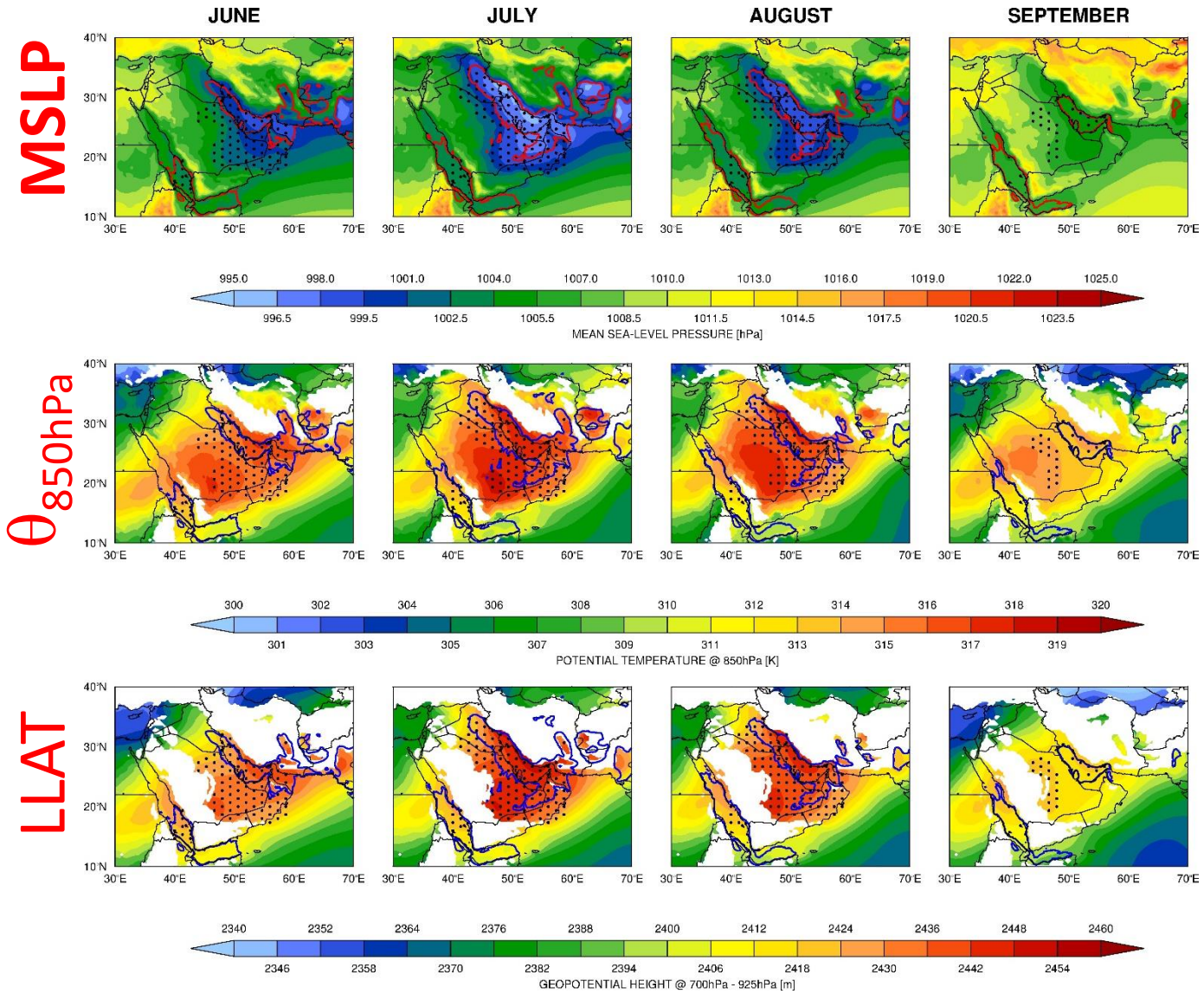
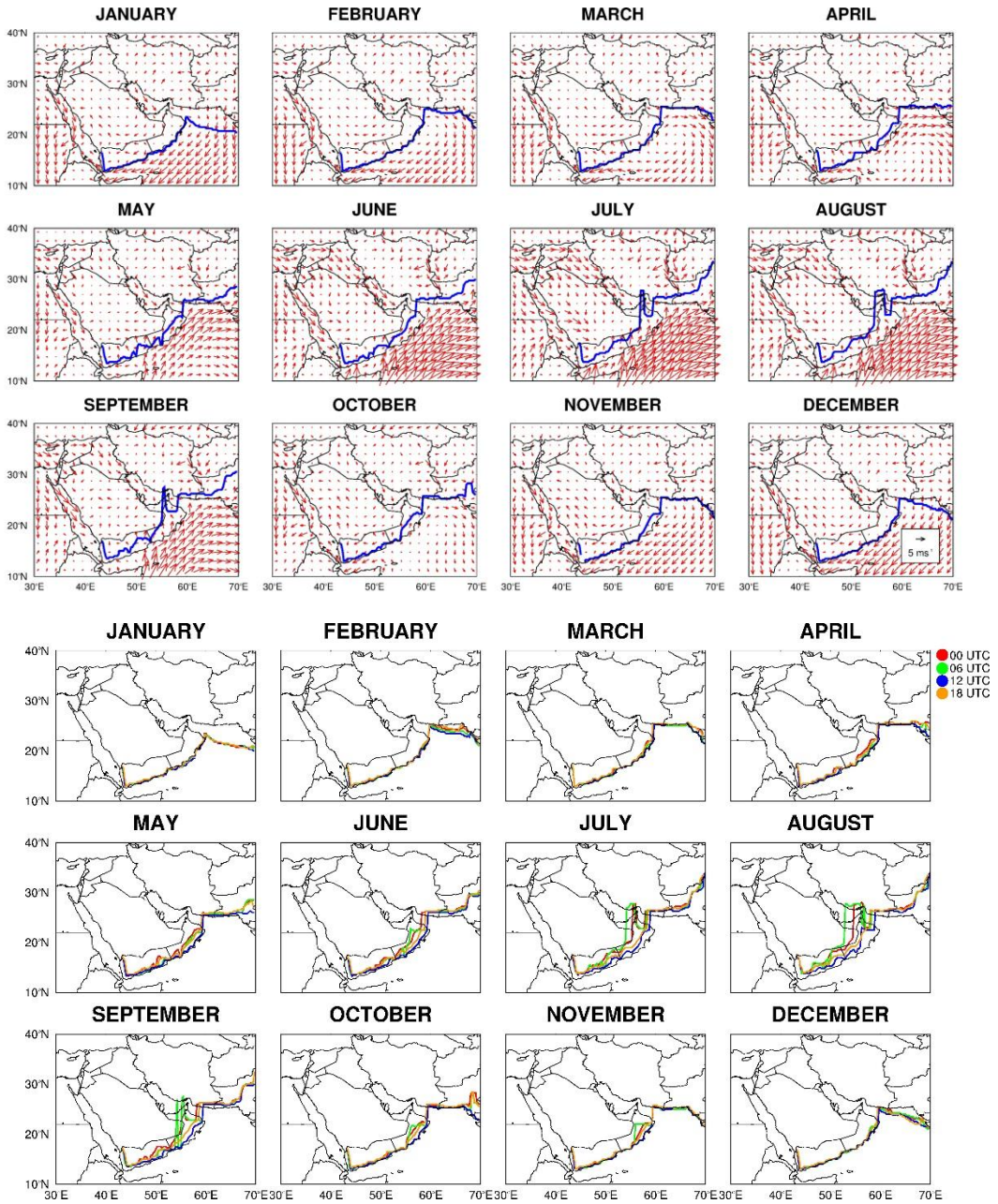
FIELDS SHOWN AT 03 UTC & AVERAGED OVER 1979-2019 ERA-5 DATA

STIPPLE: ARABIAN HEAT LOW FOLLOWING LAVAYSSE ET AL. (2009, Clim. Dyn.)
HEAT LOW DEFINED AS 10% HIGHEST 700-925hPa THICKNESS

RED/BLUE SOLID LINE: 30°C AIR TEMPERATURE CONTOUR



INTERTROPICAL DISCONTINUITY (ITD) AT 00 UTC FROM 1979-2019 ERA-5 DATA [15°C ISODROSOTHERM]