Recent decoupling of global mean sea level rise from decadal scale climate variability

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Key	Points:
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10	•	Long-term changes in altimetry derived global mean sea level well explained by
11		Pacific Decadal Variability until mid-2019
12	•	Recent decoupling of global mean sea level from low-frequency climate variabil-
13		ity mode
14	•	Unprecedented increase in global mean sea level rise in recent years

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15 Abstract

Sea level rise is among the most challenging consequences of global climate change. To 16 better understand recent changes in global mean sea level trends, we analyze global satel-17 lite altimetry data from December 1992 until late 2024. When correcting for an aver-18 age linear trend and decomposing the residual into contributions at different time scales, 19 we find a striking co-variability between low-frequency modulations of global mean sea 20 level rise and the Pacific Decadal Oscillation (PDO), which persists from the beginning 21 of the record until about 2019. By contrast, this association has been lost during the last 22 years, where a PDO based extrapolation would have anticipated a slowing down of sea 23 level rise while observations revealed an upward trend in the rate of change. This indi-24 cates that multidecadal coupled atmosphere-ocean processes in the Pacific have been re-25 cently replaced by other factors as drivers of low-frequency modulations of global mean 26 sea level rise. 27

²⁸ Plain Language Summary

We analyze global satellite data of sea level rise during the last about 32 years. By 29 subtracting a simple statistical model with a constant rate of change, we are able to study 30 temporal changes in global sea level trends, which can result from different possible fac-31 tors. Our results demonstrate that for most of the past three decades, decadal scale mod-32 ulations in global mean sea level trends have been tightly coupled to a dominant climate 33 variability mode in the Pacific ocean. By contrast, this strong link has got lost during 34 the last years, where climate forcing would have anticipated a slowing down of global sea 35 level rise while observations rather indicate an increasing rate of change. In this regard, 36 from the perspective of Pacific decadal climate variability as a strong driver of global mean 37 sea level rise modulations during the past decades, the recent acceleration of sea level 38 rise has been unprecedented. 39

40 1 Introduction

Global mean sea level (GMSL) reflects in an integrated way the overall variability in the Earth's climate system, and is currently rising at an average rate of 3.3 mm/yr, as estimated from the fit of a linear model to the satellite altimetry record (Guérou et al., 2023).

Understanding GMSL variations beyond the overall trend is critical to interpret 45 long-term patterns. At interannual to decadal timescales variability in GMSL is mainly 46 driven by steric changes in ocean heat content and barystatic variations of water mass 47 (Gregory et al., 2019), with the El Niño-Southern Oscillation (ENSO) climate mode con-48 tributing about equally to both (B. D. Hamlington et al., 2020). Quantifying the con-49 tribution to GMSL of internal multidecadal climate variability assists in the assessment 50 of anthropogenic contributions and its role in current GMSL acceleration (Chen et al., 51 2017; Nerem et al., 2018; B. Hamlington et al., 2024). 52

In this work we focus on the co-variability between GMSL and the Pacific Decadal 53 Variability as expressed by the Pacific Decadal Oscillation (PDO) index (Mantua et al., 54 1997; Y. Zhang et al., 1997). The PDO affects sea level through changes in wind stress, 55 sea surface temperature (SST), and ocean circulation patterns. Local and regional im-56 pacts of PDO on sea level variability have been reported in various studies based on tide 57 gauge data (Deepa & Gnanaseelan, 2021) as well as satellite altimetry (Cheng et al., 2015; 58 Deepa et al., 2018; Y. Zhang et al., 2018). For the Pacific Ocean, several studies have 59 shown a close association between the PDO and regional sea level (Cummins et al., 2005; 60 Merrifield et al., 2012; X. Zhang & Church, 2012; Moon et al., 2015; Han et al., 2014; 61 B. D. Hamlington et al., 2014; Meng et al., 2019). For GMSL, (B. Hamlington et al., 2013) 62

used a sea level reconstruction to study trends in sea level since 1950, concluding that
 the PDO causes acceleration and deceleration in GMSL on decadal time scales.

By quantifying the co-variability of PDO index and GMSL over the satellite altimetry record, we demonstrate that the low-frequency variability superposed to (linear) GMSL rise is largely consistent with PDO, but exhibiting a complete decoupling after 2019. Thus GMSL rise estimated by accounting for low-frequency climate variability is unprecedented since 2019, supporting a significant acceleration in the rise of global mean sea level.

⁷⁰ 2 Materials and Methods

2.1 Data

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We use the global mean sea level time series with seasonal signals removed that is 72 provided by NOAA Laboratory for Satellite Altimetry based on TOPEX/Poseidon (T/P), 73 Jason-1, Jason-2, Jason-3, and Sentinel-6MF satellite missions. All standard geophys-74 ical corrections have been applied to the altimetry measurements, including the inverted 75 barometer correction. Only satellite measurements between 66°S and 66°N are included. 76 The time series has an original temporal resolution of 10-days, but is aggregated to monthly 77 values by computing the median, in order to facilitate the joint analysis with monthly-78 based climate indices. 79

For the PDO data we use the monthly PDO index provided bcy NOAA's National Centers for Environmental Information which is based on NOAA's extended reconstruction of SSTs (ERSST Version 5) for the same period as the satellite altimetry time series (December 1992 to September 2024).

2.2 Statistical methods

Linear trends are estimated in this work using the conventional ordinary least squares framework, but taking autocorrelation in the time series into account by considering a first order autoregressive correlation structure, which is equivalent to computing an effective sample size from the autocorrelation coefficient at the first lag, as for example in (Maul & Martin, 1993). This approach does not change the slope estimate but ensures more realistic (larger) confidence bands by accounting for time series autocorrelation.

Filtering is performed by a level J = 3 multiresolution analysis in the wavelet domain based on the maximal overlap discrete wavelet transform (D. Percival & Mojfeld, 1997; D. B. Percival, 2008) using a Daubechies Least Asymmetric filter (Daubechies, 1988) with reflection boundary conditions. This is an additive decomposition - no information is lost, as the sum of all components corresponds to the original time series - producing J detail components D_j reflecting variability on scales between $2^{(j-1)}$ and 2^j months (j = 1, ..., J), and a long-term component S_J reflecting variability on scales $> 2^J$.

98 **3 Results**

The monthly time series of global mean sea level is presented in Figure 1 (top), to-99 gether with the corresponding linear trend of 3.10 ± 0.087 mm/year (the uncertainty 100 range would be only ± 0.023 mm/year if autocorrelation were not taken into account). 101 Subtracting this linear trend from the global mean sea level time series yields the detrended 102 time series shown in Figure 1 (middle), which exhibits a clearly nonrandom pattern of 103 multi-year variability, characterized by a tendency toward decreasing values until approx-104 imately 2010, followed by increasing values thereafter, superimposed on high-frequency 105 variability. 106



Figure 1. Top: Monthly global mean sea level (black) from satellite altimetry together with a linear trend (red) obtained from standard ordinary least squares regression for the time period 1992-2024. Middle: Residual monthly global mean sea level after linear detrending. Bottom: Wavelet-filtered low-frequency variability component of the linearly detrended global mean sea level (black) and the PDO index (purple).



Figure 2. Discrete wavelet decomposition of the linearly detrended GMSL (left panels) and the PDO index (right panels). From top to bottom, the individual panels show the original time series, the detail coefficients of the first three decomposition levels (D1, D2 and D3, corresponding to time scales of one to two, two to four, and four to eight months, respectively), and the low-frequency residual S3 capturing inter-annual to multi-decadal variability components.

3.1 Low-frequency variability

In order to focus the analysis on low-frequency variability, the time series of the 108 detrended global mean sea level is filtered using a wavelet-based decomposition (Figure 2, 109 left panels) that yields the low-frequency component displayed in Figure 1 (bottom, solid 110 black line). The low-frequency variability of the PDO time series is extracted in the same 111 way (Figure 2, right panels) and is represented in Figure 1 (bottom, dotted purple line). 112 The joint plot of the low frequency variability of the monthly GMSL and PDO in Fig-113 ure 1 shows a very similar pattern up to about 2019 but diverges afterwards, with an 114 upward trend in the low-frequency variability of the GMSL (i.e., an acceleration of GMSL) 115 and a decrease in the low-frequency variability component of the PDO index from about 116 2019 onward. 117

The co-variability of GMSL and PDO low-frequency patterns is quantified by com-118 puting the correlation coefficient between the two time series. Considering the complete 119 period, from December 1992 to September 2024, the correlation coefficient is small (0.23). 120 However, as shown in Figure 1 (bottom panel) the co-variability seems to differ substan-121 tially in the last portion of the time series. This is confirmed by computing the corre-122 lation coefficient starting at the same time (December 1992) but for different end points, 123 varying from June 2016 to the complete time series (September 2024). The correlation 124 between the two patterns was about 0.65 up to September 2019, substantially decreas-125 ing afterwards (Figure 3). 126



Figure 3. Correlation coefficient between GMSL and PDO low-frequency components as a function of the end point taken for the time series. The points denote the estimated correlation coefficient and the vertical bars the corresponding 95% confidence interval (ignoring variance inflation due to serial dependency in the time series).

3.2 Linear statistical model for GMSL trend modulations

The correlation between low-frequency patterns of GMSL and PDO suggests the 128 possibility of developing a linear model between the two time series, enabling to predict 129 GMSL low-frequency behavior (i.e., inter-annual to multi-decadal modulations of the av-130 erage rate of GMSL rise) based on the PDO index. From Figure 3 the maximum cor-131 relation coefficient is obtained when taking the two time series from December 1992 to 132 July 2018, thus this period would be a natural choice for the modeling period. However, 133 because the correlation values decrease slowly up to about 2021, and to ascertain how 134 modeling results would be affected by the specific choice of end point, the linear model 135 for predicting GMSL from the PDO is estimated considering different end points, from 136 July 2018 to February 2021. For example, taking as end-point July 2018, the linear model 137 describing GMSL low-frequency modulations as a function of the PDO is estimated from 138 the low-frequency patterns of GMSL and PDO up to July 2018, and out-of-smample pre-139 dictions are produced from that model for August 2018 to September 2024 (without us-140 ing any data from that period). The procedure is then repeated by estimating a linear 141 model up to August 2018 and then predicting GMSL from the model from September 142 2018 to September 2024, etc. 143

The results are summarized in Figure 4 showing the low-frequency pattern of GMSL 144 from the satellite altimetry data (black line) and the GMSL line that would be obtained 145 from the linear model relating GMSL and the PDO (blue line), with the corresponding 146 uncertainty band. From July 2018 onward, the model is used for predicting GMSL based 147 exclusively on PDO data, with the corresponding prediction interval represented by the 148 gray band. The spread in the blue prediction line reflects the fact that several predic-149 tions are made, for each of the end points considered, but it is significantly narrower than 150 the 95% prediction interval in gray representing the uncertainty in the linear model pre-151 diction, indicating that the results are robust to the choice of the end point used in the 152 model. 153

3.3 GMSL trends

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The linear model presented in the previous section yields a statistically modelled time series describing the low-frequency variability in GMSL based exclusively on the



Figure 4. Low-frequency variability component of GMSL from the satellite altimetry data (black) and estimated from a linear model relating GMSL and the PDO (blue), with corresponding uncertainty band. The grey shaded area denotes de 95% prediction interval for prediction of GMSL from August 2018 to September 2024 based exclusively on the PDO.

PDO index. The full variability (rather than just the low-frequency one) is recovered by 157 adding back to this time series the high frequency components from the wavelet decom-158 position $(D_1+D_2+D_3)$. Furthermore, detrending is reverted by adding back the same 159 the linear trend that was originally removed (Figure 1, top). The resulting time series, 160 along with the original GMSL time series, is shown in Figure 5. The two time series are 161 very similar except for the most recent period, in which the observed GMSL increases 162 at a comparatively higher rate that is incompatible with what would be expected from 163 the historical association between GMSL and the PDO. More specifically, the linear trend 164 obtained from the modelled time series, of 2.98 ± 0.034 mm/year, is significantly lower 165 than the actual trend from the GMSL altimetry time series. Furthermore, the fit of a 166 quadratic model to the GMSL time series yields an acceleration of 0.08 mm/year^2 while 167 for the modelled time series the acceleration is not statistically significant. 168

¹⁶⁹ 4 Discussion and Conclusions

Our analysis has demonstrated that for most of the last more than three decades, 170 the low-frequency variability in GMSL has closely followed the variability of the PDO 171 climate mode. Up to mid 2019, a simple linear model relating the two signals is able to 172 successfully describe the low-frequency variability in GMSL based only on the PDO sig-173 nal. The only short period with a slight, yet statistically significant mismatch has been 174 related to the 2010–2011 La Niña event (Figure 4), which has lead to a temporary re-175 versal of the direction of GMSL trends. This reversal is not captured by the PDO based 176 model, which rather focuses on variability on even longer time scales. 177

While the simple PDO based linear statistical model describes low-frequency mod-178 ulations of GMSL rise reasonably well for most of the available altimetry record, after 179 mid 2019, the correlation between the two signals starts to decrease, first slowly and then 180 in a more obvious way (Figure 3). In modelling the co-variability between GMSL and 181 PDO a range of time points (from July 2018 to February 2021) was considered as can-182 didates for the decoupling of the two signals, in order to assess the dependence of the 183 results on the assumed specific decoupling time. The model results are very robust, and 184 are not markedly affected by the assumed time for the break in the correlation between 185



Figure 5. GMSL from the satellite altimetry data (black) and from the linear model relating GMSL and the PDO (blue).

the two signals, since irrespective of the specific time considered the GMSL modulations predicted from the historical relation with the PDO have a very similar pattern within the model's uncertainty (Figure 4, grey band). Thus, assuming that the association between low-frequency variability in GMSL and PDO was still valid after mid-2019, the low-frequency variability in GMSL modulations would have decreased, following the PDO pattern, rather than increased, as evidenced by the satellite altimetry observations.

The satellite altimetry data used in the present study was obtained from the NOAA 192 Laboratory for Satellite Altimetry, ensuring consistency in the processing of the satel-193 lite data. Thus, the identified decoupling between GMSL and the low-frequency climate 194 variability represented by the PDO is unlikely to be related to an instrumental effect or 195 some issue with the altimetry observations used to produce the GMSL time series. The 196 specific cause of the distinct behaviour of GMSL relative to the PDO requires further 197 investigation, but the robust identification of the decoupling between the two signals al-198 ready allows to conclude that the acceleration in GMSL observed in recent years (B. Ham-199 lington et al., 2024) is unprecedented and not explainable by low-frequency climate vari-200 ability. Follow-up studies may look deeper into the spatial fingerprint of this decoupling, 201 providing a possible way to identifying the underlying mechanisms. 202

203 Open Research Section

All data and software code used in the paper are available in the Zenodo repository (https://doi.org/10.5281/zenodo.15270372).

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